



Republic of the Philippines
 Department of Agriculture
SUGAR REGULATORY ADMINISTRATION
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HEALTH AND WELLNESS PLANS AND PROGRAMS FOR 2022

ACTIVITIES	MONTHS	VENUE
I. Drug Testing	May	Sugar Regulatory Administration
II. Flu shot Vaccination	May	Sugar Regulatory Administration
III. Zumba and/or Physical Fitness Program	April and Onwards	SRA Social Hall
IV. Daily Physical Fitness Activities by Employees/COS	January to December	SRA Gym, 3 rd Floor, SRA Main Building
V. Participation on World Food Day	October	Department of Agriculture
VI. Participation on Civil Service Commission's Fun Run	September	Venue to be announce
VII. SRA Sport Festival	December	Sugar Regulatory Administration
VIII. Participation to other Physical Fitness Events/Health and Mental Wellness Program/Activities initiated by other Government Agencies	3 RD or 4 th quarter of the year	Venue to be announce

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